

Members BBQ

All Members are invited to our yearly BBQ

held at our Blackburn House

14 Queen St Blackburn

27th March 2011, at 12 Noon.

Sausages, Salads and Sweets Provided

BYO Chairs Table, Drinks, Sunscreen

RSVP 21st March



CUT HERE ✂

Return to PO Box 165 Blackburn VIC 3130

Yes we will attend the BBQ on the 27th March 2011

Name: Phone:

Number of all Adults attending:

Number of Children:

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Editors Report

Our Editor for the last few years, Joan Eastwood, due to family commitments, has resigned. Which means that this edition of Shoestring is being compiled by me the president, Ros Ball, with help from Joan! I did not realize how much time it took to edit each newsletter, and my sincere thanks go to Joan for all her effort over the years.

We are going to have 2 new editors, who I hope will enjoy the task as much as Joan did. June Salt and her friend Adrienne Bethlehem, will be our new Editors. June's brother has had renal disease and has had 2 transplants and is currently well. Those of you who attended our Christmas Party will remember June's son Jack, singing "I Want a Hippopotamus for Christmas".

Please keep sending us your stories and photos, and we will see that June and Adrienne get them.

I would also like to thank Elizabeth Phelan for taking charge of preparing and packing Shoestring for mailing. Elizabeth ensures there are lots of people in to do the task, and it usually ends up being quite a social day.

Ros Ball - Temporary Editor of Shoestring.

Our new Editors, June on the left with Adrienne on the right.



Presidents Report January 2011

Another year has gone by, and I wonder where it went, as no doubt many of you are. I do hope you all enjoyed a break over Christmas. This year will see DATA face many challenges. Perhaps the most since DATA bought the three houses.

It may be decided that our headquarters in Blackburn will be sold. Yet with the new Liberal State Government, we may find the previous Labor Governments decision, (to declare those streets close to railway stations high density) overturned, reducing the desire to move. As selling the house will take time, we may know what the Liberal Government plans are, beforehand, and change our mind.

If the sale of the house does go ahead we will need to decide what and where we buy another house. Will it include our office or will we establish an office elsewhere? If any of our members wish to comment please write to us. It is going to be a difficult time trying to decide the best action to take for DATA's future.

Sometime last year I asked our members to try to recruit new members. I am again asking you to attempt this. While sitting in outpatients waiting to see the doctors, talk to the people you are sitting next to, and let them know about us. With the increasing numbers of our population suffering renal disease, our membership should be increasing, but it remains static. So help those who do not know of us, by telling them about us. Please take our phone number or web address with you to give out to people.

I must thank Mae Kerr, who joined our committee when we were struggling with getting a quorum for our committee meetings. Despite living some distance away, Mae was always keen to help with our activities. We thank Mae for her contribution and we wish both Mae and Barry good luck for the future.

Ros Ball
President

VALE Barbara Terry

Our sincere condolences go to Phil Terry on the loss of his wife Barbara, who dialysed for 13 years. Barbara was an active members of DATA and enjoyed many afternoons packing Shoe String.

We hope we will continue seeing Phil at our social events

HOLIDAY HOMES

Yarrowonga:

I have started taking bookings for 2011 and already we have no vacancies until March 27/ 3 April and April 3/ 10. May 8/ 15. If you are on Haemo we have plenty of weeks in the last 6 months of the year 2011, so ring the hospital early and see what weeks they have. We do get cancellations so you can ring me and find out. Due to cancellations March 13/ 20-- 20/ 27 2011, are free.

To our members going on holidays at the Rosebud or Yarrowonga houses, don't forget to send your forms back early so we can send you a key. If we do not get your acceptance form we will not send you a key. Also we are not responsible for your dialysis, it is up to you to arrange with your hospital to ring the renal units and book.

If you are on haemodialysis and you need a holiday ring us first to find out what weeks are available at the house then ring the Yarrowonga or Rosebud renal units to enquire if any of these weeks are available for you to dialyse. You need to book well ahead for this year. The Yarrowonga area is looking wonderful with Lake Mulwala full, the hills and paddocks are as green as I have seen them for many years.



YOU ARE NOT ALLOWED TO SMOKE IN THE HOUSES.
ANY MEMBER WHO DOES WILL BE DEALT WITH AT THE DISCRETION OF THE
DATA COMMITTEE WHICH WILL PROBABLY BE A BAN ON USING THE
HOUSES.

When members arrive at the house for their holiday if they have a complaint about how the house has been left or an emergency with something not working either let me know straight away or ring Ann Bonser at Yarrowonga. Her name and number are on the notice board.

Our policy at DATA is that dialysis members get first preference for a holiday at both houses.

If you have booked the house but have not rung the hospital to dialyse please, either you or your Renal unit ring the Yarrowonga renal unit 57438189 and book in.

If you have booked the house for a holiday you must confirm your booking within 3 months of going.

Our sincere condolences go to all the Parry Family on the passing of Allan.

Chris and Allan had many a happy holiday at Yarrowonga.

Alan Rawson 22 Tarwin Drive Croydon 3136 03 9723 3019

Rosebud:

Apart from the school holidays in April, there are still vacancies for the house in March and April. After April there are lots of bookings available, so you can take your pick. I know it gets cold in Rosebud during winter, but the house does have a good gas heater. I am not taking bookings for 2012 yet, so please do not ring me.

For those who dialyse at home, there is a machine at the house. For those who dialyse at a satellite unit Rosebud Hospital does have a holiday chair, so after booking the house with me, then ring the hospital on 5986 0776 to book your holiday dialysis. All those on PD should also consider taking a holiday at Rosebud. Being a member of DATA makes you eligible for a holiday there.

Please remember that the same rules for the Yarrowonga House also apply to Rosebud.

PLEASE ring me if anything needs fixing.

Ros Ball Rosebud Holiday Secretary

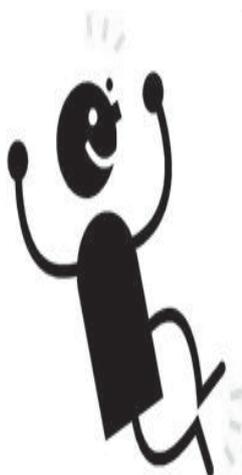
WELCOME BACK**Doug & Angela**

Doug & Angela went for a holiday in June for six weeks or so—
Doug got sick and had to be hospitalized in London. They were
only able to return to Melbourne on Christmas Eve

So Welcome back to Both

We've got lots of work lined up for you, Angela.

(Angela is our Minute Secretary)

**Dialysis Holiday In Myrtleford**

Take advantage of this offer.

10th April for one week.

Myrtleford is in the foothills of our Victorian Alps.

A great area to visit in the Autumn.

Close by is Beechworth, where the old jail,
and courthouse, that dealt with the bushranger,
Ned Kelly is open to the public.

Bright is also close by, and a delight to visit.

Dialysis is available at the Myrtleford Hospital.

Those interested please contact me

Ros Ball on 9439 8866

Blackburn:

Blackburn is a very comfortable two storey house, This is set on a large block of land with some lovely big shade trees. Three twin bedrooms upstairs along with a lounge room, bathroom, and toilet, and blue phone. Downstairs is one double bedroom, shower room, toilet, kitchen, laundry and a smaller lounge room. Both lounge rooms are very comfortable with lounge seating, television and DVD player. Cost per room is \$35 00 per night and \$20 00 per extra person. \$140 per week, \$160 during School holidays It is self catering, you need to bring all food with you including tea, coffee, sugar, and you need to bring single bed sheets and towels, pillowslip, teatowels.

Blackburn House is an easy walk to the train station and many bus routes stop at the station

We can also arrange remedial massage service if needed.

We have many country people stay at Blackburn whilst having checkups or hospital visits, carers stay whilst partner in hospital, you can come just for a few nights holiday or carers can come for respite.

When visiting hospital or clinics, payment for travel and accommodation can also be arranged to be paid by V P T A S Victorian Patient Transport Assistance Scheme, see your social worker for information.

Come and enjoy a stay at Blackburn and explore Melbourne Contact Sue Hatzimichalis

phone for bookings: DATA 9894 0377,

Sue H. Phone: 9378 8836, Sue Mob: 0400 810 367.

CHRISTMAS PARTY 2010



From left to right : Elizabeth Phelan,
Alan Rawson & Phil Terry
Geoff Fletcher

Another year gone and our Christmas party was the usual success for those of us who attended. We had about 28 people come to help celebrate. We all agreed that we were too small a group to take over the Guide hall so we met at Blackburn and made good use of the facilities there. We have enjoyed Halliday Park for probably 9 years and the lovely shade of the oak tree. Thanks to the Guides (Margaret ? and the very convenient kitchen facilities. Much to our surprise we have lovely spreading trees at Blackburn too. The BBQs were ready and those who wanted to, cooked their sausages and sat in the shade and chatted. The younger ones played totem tennis, good idea, thanks Sue. . Yummy slices and fruit followed, with cup of tea or perked coffee. Doesn't get much better than that.

The only disappointment of the day was Father Christmas couldn't come. He called in to see Sue but had to race off back to the North Pole to catch up on his work for Christmas. He left some presents for the children ,however, so they were happy, We had only five children this year which makes it really an adult Christmas get together. Jack Salt gave us a lovely rendition of 'I Want a hippopotamus for Christmas Congratulations to Helen Classon who won our Christmas raffle, and to ?? Who won the large cuddly toy.

The weather was really good to us. Not too hot but just balmy enough for us to enjoy sitting outside. So come along next year if you missed out this year. Bring the family.



Above: Ann Campbell & grandson Jack Salt.



Above: Mae Kerr and Sue H.



Above: Reg Campbell & Barry Kerr

On the right
the children are
Jack, Chiara, Cassia,
Michael,
and Sue holding Santa's bag.



DON'T MESS WITH OLD PEOPLE!

The ATO decides to audit Grandad, and summons him to their office.

The auditor was not surprised when Grandad showed up with his lawyer.

The auditor said, 'Well, sir, you have an extravagant lifestyle and no full-time employment, which you explain by saying that you win money gambling. I'm not sure the ATO finds that believable.'

'I'm a great gambler, and I can prove it,' says Grandad. 'How about a demonstration?'

The auditor thinks for a moment and said, 'Okay. Go ahead.'

Grandad says, 'I'll bet you a thousand dollars that I can bite my own eye.'

The auditor thinks a moment and says, 'It's a bet.'

Grandpa removes his glass eye and bites it. The auditor's jaw drops.

Grandpa says, 'Now, I'll bet you two thousand dollars that I can bite my other eye.'

Now the auditor can tell Grandad isn't blind, so he takes the bet.

Grandad removes his dentures and bites his good eye.

The stunned auditor now realizes he has wagered and lost three grand, with Grandad's lawyer as a witness. He starts to get nervous.

'Want to go double or nothing?' Grandad asks 'I'll bet you six thousand dollars that I can stand on one side of your desk, and pee into that wastebasket on the other side, and never get a drop anywhere in between.'

The auditor, twice burned, is cautious now, but he looks carefully and decides there's no way this old guy could possibly manage that stunt, so he agrees again.

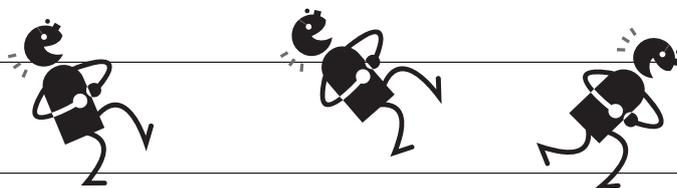
Grandad stands beside the desk and unzips his pants, but although he strains mightily, he can't make the stream reach the wastebasket on the other side, so he pretty much urinates all over the auditor's desk.

The auditor leaps with joy, realizing that he has just turned a major loss into a huge win.

But Grandad's own lawyer moans and puts his head in his hands.

'Are you okay?' the auditor asks.

'Not really,' says the lawyer. 'This morning, when Grandad told me he'd been summoned for an audit, he bet me twenty-five thousand dollars that he could come in here and piss all over your desk and that you'd be happy about it!'

**The Travellers**

A husband and wife are travelling by car from Brisbane to Melbourne.

After almost ten hours on the road, they're too tired to continue and they decide to stop for a rest. They stop at a nice hotel and take room, but they only plan to sleep for four hours and then get back on the road.

When they check out four hours later, the desk clerk; hands them a bill for \$450.00. The man explodes and demands to know why the charge is so high. He tells the clerk although it's a nice hotel; the rooms certainly aren't worth \$450.00. When the clerk tells him \$450.00 is the standard rate, the man insists on speaking to the Manager.

The Manager appears, listens to the man, and then explains that the hotel has an Olympic-sized pool and a huge conference centre that were available for the husband and wife to use. 'But we didn't use them,' the man complains 'Well, they are here, and you could have,' explains the Manager.

He goes on to explain they could have taken in

one of

the shows for which the hotel is famous. 'The best entertainers from New York, Hollywood and Las Vegas perform here,' the Manager says.

'But we didn't go to any of those shows,' complains the man again. Well, we have them, and you could have,' the Manager replies.

No matter what amenity the Manager mentions! the man replies, 'But we didn't use it!'

The Manager is unmoved, and eventually the man gives up and agrees to pay. He writes a cheque and gives it to the Manager.

The Manager is surprised when he looks at the cheque. 'But sir,' he says, 'this cheque is only made out for \$50.00.' 'That's correct,' says the man.

'I charged you \$400 for sleeping with my wife.'

'But I didn't!' exclaims the Manager.

'Well, too bad,' the man replies. 'She was here and you could have!'

A Short History Of The Lions Clubs Contribution To Dialysis In Australia

For a long time the Lions club have helped DATA with our 2 holiday houses; mowing the lawns and helping with general maintenance. Yet the Lions Club were instrumental in raising money to help get Dialysis Units established in Australia. (peritoneal dialysis was the only option before haemodialysis)

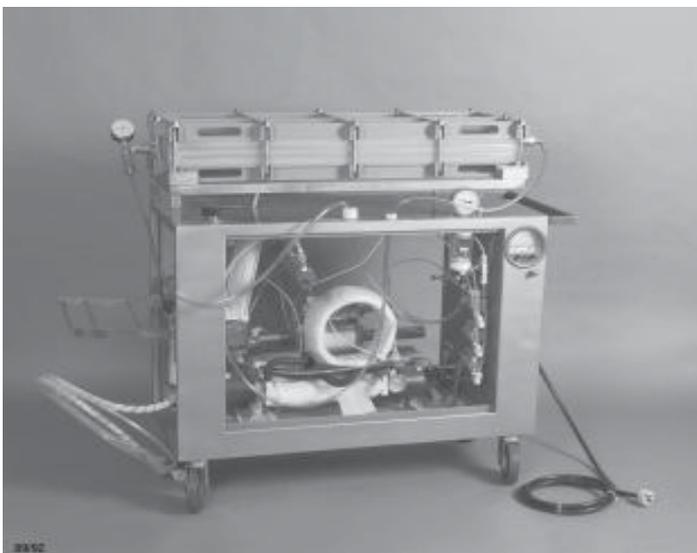
The first haemodialysis in Australia occurred in Brisbane in 1954 on a man who was run over by a train shunting backwards. Back then the “dialysis machine” consisted of Cellophane tubing wrapped around wooden slats, and the patient’s own blood pressure was necessary to push the blood through the tubing. Yet it wasn’t until the 1970’s that Renal Dialysis Units started to become established.

Reading “Looking Forward with Pride... 50 Years of Lions in Australia 1947 -1997” by Brian Stevenson, reveals just how involved the Lions Clubs of Australia were. Here is an edited version of their story with many thanks to Anthony Stockdale, District Governor Lions District 201V5, who provided a copy of the book and has allowed us to reproduce extracts for this article.

“In May 1969 the Avalon Lions Club in New South Wales had a most interesting and unusual guest speaker, one who would motivate Lions across Australia on a vigorous and important campaign.

First Home Haemodialysis in Australia

This machine was owned and used by Mr Peter Morris. Mr Morris acquired it in the USA in 1967 after he collapsed from kidney failure. He brought it back to Sydney upon his return. It was the first home dialysis machine used in Australia. through trial and error, Mr Morris, with the assistance of his wife and family doctor, learned to use the machine effectively. Mr Morris later persuaded the Lion's Club to fund the establishment of the Sydney Dialysis Centre to supply and train patients in home dialysis. Mr Morris donated the object to the Powerhouse Museum after he received a kidney transplant in 1988.



The guest speaker was Peter Morris and he was the first person in Australia to use an artificial kidney machine at home. Before his visit to the Avalon Lions club, he had spent two years promoting the need for home dialysis and the need for it to be the preferred treatment for chronic renal sufferers. Morris wanted to interest clubs and charitable organisations in accepting responsibility for the purchase of home dialysis machines for chronic kidney sufferers. In July 1969, the Board met and decided the Avalon Lions would form a committee to launch an appeal for the project.

The committee liaised with Sydney Hospital, which indicated that if funds could be raised through Lions for the purchase of home kidney machines, a fully staffed home-training clinic would be made available at St Luke's Hospital. Dr Selle, Chairman of the Hospitals Commission, officially launched the fund in November 1969 and in

(Continued on page 9)

(Continued from page 8)

February 1970 it was unanimously adopted as a Lions 201G District project with John Plunkett as chairman.

On 29 July 1970 a meeting between Sydney Hospital Medical Administrators and Lions Project Managers resolved that a kidney machine clinic should be opened at St Luke's Hospital, Darlinghurst. On 7 September 1970 the then New South Wales Minister for Health, A. H. Jago, opened the first kidney machine clinic in Australia. In the ensuing months money poured in from various Lions clubs.

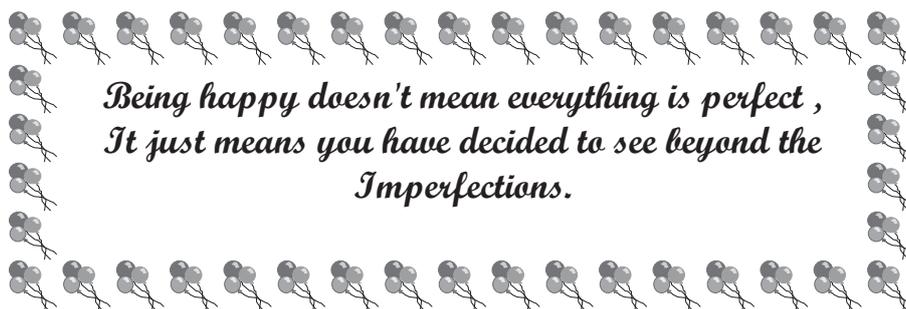
At the presentations to conventions in Hobart (1970), Perth (1971) and Adelaide (1972), John Plunkett proposed that it be a national Lions project and the idea was adopted unanimously. While this was going on, Lions in other parts of Australia were already moving to assist with the establishment of dialysis services in the hospitals in their districts. During 1971-72 Lions in Newcastle raised \$105 000 for a service at the Royal Newcastle Hospital to provide dialysis machines for use by up to 15 patients a week. Other services provided by the funds included five home renal dialysis units, a 12-bed renal unit, a physician's office and equipment to diagnose all renal cases.

In 1971 South Australian Lions began a project for artificial kidney machines and eight kidney machines were provided. By November 1971 the Queen Elizabeth Hospital and the South Australian Government had approved a scheme to set up a Lions dialysis centre. In July 1974, \$40 000 was handed over to the government to purchase a house at Woodville next to the Queen Elizabeth for conversion to a Lions dialysis-training centre. In November the house was handed over to the government.

In Victoria the project was running efficiently by mid-1973, having achieved co-operation between the Lions fund, the Hospitals and Charities Commission and renal units at the Austin Hospital and the Royal Melbourne Hospital. Within a few years a total of 50 machines had been provided, and progress had exceeded all expectations.

Lions clubs from both Victoria and Tasmania, joined forces in a home dialysis project. During the financial year 1972-73 five machines were purchased and put into service for the community. Soon afterwards, a Tasmanian man, whose life depended on a home dialysis machine, became the first man in the Southern Hemisphere to become a father while on dialysis.

In September 1971 Lions in Western Australia entered the campaign with a drive for money for their Home Kidney Machine Fund. By the end of the 1971-72 financial year a total of \$30 000 had been presented to the Royal Perth Hospital, financing the establishment of the facility. The hospital agreed to meet the cost of maintenance. By 1975, 20 home dialysis machines were



RULES OF RON JONES EDUCATIONAL AWARDS

1. These Awards are to be known as the Ron Jones Educational Awards. They are to honour the memory of a founder and long time dedicated worker for DATA, Mr Ronald N Jones AOM.
2. The purpose of these Awards is to encourage scholastic achievement.³ The Awards will be judged on scholastic ability exclusively assessed by a panel of judges accepted by DATA. No correspondence will be entered into.
4. An Applicant must be a financial Member of DATA with renal failure or a child of a parent who has or did have renal failure.
5. Applicants who have completed years 7 to 11 may apply for an Award by the end of May of the following year for presentation in August of that year.
6. Assessment will be judged on an Applicant's previous year's full school reports together with a 300-word hand written essay on the topic of 'My Chosen Career'. Failure of an Applicant to submit full years' reports may, in the discretion of the DATA Committee or the Judges, result in the disqualification of that Applicant.
7. The amount to be expended each year will be \$2000.00 and any amount not expended in any one year will not be available for use in subsequent years.
 Provided there are sufficient Applicants with merit, there will be:
 - a) One (1) Award of \$800.00 based on demonstrated excellence and scholastic ability.
 - b) Three (3) Awards of \$400.00 each for encouragement of future academic achievement.
 If, in any one-year, no Applicant demonstrates a sufficient degree of excellence, the judges may, in their discretion, withhold the Award of \$800.00 based on excellence and scholastic ability. However, irrespective of the standard of the Application and provided that there are sufficiently qualified candidates, the judges must award three (3) encouragement Awards.
8. Notice of the Awards will be advertised in at least three subsequent editions of ShoeString starting in the November edition of each year.
9. Applications will be printed in ShoeString and should be forwarded to the DATA Office by the end of May. Late Applications will not be accepted.
10. **Schedule of Deadlines for Applications and Judging.**

<u>Close of Applications:</u>	end of May.
<u>Applications to Judges:</u>	last week of June.
<u>Results from Judges:</u>	second week in September.
<u>Advising Award Winners:</u>	3 weeks before the AGM.
<u>Presentation of Awards:</u>	at the AGM in October.
11. An Award winner cannot apply for another Award for another two (2) years. An unsuccessful Applicant can apply in subsequent years.
12. Awards will be presented to the successful Applicants at the AGM of each year. Parents will be invited to bring the Award winner to the AGM to receive a Certificate of Achievement or a Certificate of Encouragement.
13. The Awards will be presented by Mrs Elvie Jones or the President of DATA.
14. **Privacy:** No personal information given in an Application will be available to anyone. The only exception to this rule will be that an Applicant's age, school reports (with the Applicant's name and School obliterated) and the essay will be available to Members of the Judging Panel. Further, this exception will apply to a Sub-Committee specifically nominated each year by the DATA Committee to process the Award Applications. Those nominated persons will work in accordance with all Privacy Laws applicable in Victoria. Applications forwarded to the Judges will have a code of identification known only to the nominated Sub-Committee.
17. **Amendment:** These Rules may be amended by a majority decision at any validly constituted DATA Committee meeting provided that the Members of the Committee have been given at least 7 days notice of the proposed changes.
16. **Commencement:** These rules will come into operation in the 2006 school year

APPLICATION FORM FOR THE RON JONES EDUCATIONAL AWARDS.

Applicants are requested to complete this form and forward it to

The Secretary

D.A.T.A. Vic Inc.

P.O. Box 165, Blackburn 3130.

Applications must be received no later than the 31st May 2011. Winners will receive awards at the A.G.M in October

**Applications are to be accompanied be a 300 word hand written essay on "MY CHOSEN CAREER"
and all the previous Year's School Reports.**

Please fill in this form using Block Letters or Type.

SURNAME.....GIVEN NAMES.....

ADDRESS.....

POST CODE.....DATE OF BIRTH.....

HOME PHONE.....MOBILE NO.....

PARENTS / MEMBERS PARTICULARS

(IF APPLICANT MEMBER IS UNDER 18 OR A CHILD OF A MEMBER)

SURNAME.....GIVEN NAMES.....

ADDRESS.....

POST CODE.....PHONE.....MOBILE.....

SIGNATURE OF STUDENT.....

SIGNATURE OF PARENT.....

Financial Member of D.A.T.A YES NO

MY ESSAY ON "MY CHOSEN CAREER AND SCHOOL REPORTS FOR THE LAST YEAR ARE
ENCLOSED . YES NO

SCHOOL PARTICULARS: PRESENT YEAR OF STUDIES.....

SUBJECTS STUDIES.....

.....
.....
.....
.....
.....



Dates to Remember



2011

**27th March Members BBQ 14 Queen Street
Blackburn 12 noon see front page reply slip.**

23rd-29th May Kidney Week

**29th May Service of Remembrance
TBA**

**23rd July Christmas in July
Queen St Blackburn**

BBQ at Rosebud Date to be Announced

October Annual General Meeting TBA

Christmas BBQ 4th Dec details TBA

**P.O. Box 165
Blackburn 3130
Ph (03) 9894 0377
Fax (03) 9894 0266**

Executive Committee

President
Ros Ball (03) 9439 8866
Vice President
Alan Rawson (03) 9723 3019
Past President
Sue Hatzimichalis (03) 9378 8836
Treasurer
Lloyd Samuel (03) 9527 2911
Secretary
Sue Hatzimichalis (03) 9378 8836

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Alan Rawson (03) 9723 3019
Rosebud House
Ros Ball (03) 9439 8866
Blackburn House
Sue Hatzimichalis (03) 9378 8836

Shoe String Editor
Ros Ball /Joan Eastwood (03) 9795 1649

Minute Secretary
Angela Lindsey

Committee Members
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Ken Smith (03) 5977 3580
Kaitlyn Stevenson (03) 9785 3036
Elenor Allan (03) 9561 4806
Michael Allen (03) 9561 4806
Amanda Pratt (03) 9589 4894
Allan Pratt (03) 9589 4894

**Our thanks to all who contributed to this edition.
We would like to hear your story please write and tell us how you
deal with kidney failure.
The Editor, ShoeString, P.O. Box 165 Blackburn 3130.**

*The views expressed in the editorial and
contributed items are those of the authors
and are not necessarily the opinions of
D.A.T.A. Inc.*

Deadline for the next ShoeString 20th February 2011

Email Address: datavic@tpg.com.au