SAND SCULPTURES at FRANKSTON
ALADDIN & THE ARABIAN NIGHTS
25th MARCH 2018

Directions & details page 10.
Editor’s note

We would like to welcome Simon David to our Editorial Committee. Simon has offered to put the Shoe String together for us. He has more than the necessary computer skills and we are most grateful for his offer.

We would like to thank Charlie Ball for getting January Shoe String ready on time. He did a great job. It is time consuming and tedious when one is unfamiliar with the program, and when one is as particular as Charlie, (no offence-a good quality) it adds quite a bit more work.

Over to you Simon

Hi, I have just joined the Shoestring Editorial Team. I am married, have two daughters and two grandsons.

My ethnicity is part Chinese and part Indian. My spouse is Greek (Ephy). We met as University students in London. I migrated to Melbourne in 1980 and then went to Greece in 1982 to be married and we settled in Melbourne.

I was diagnosed with Lupus Nephritis back in March 1989. I was on Plasma Exchange treatment in 1991 to 1995. I was only on dialysis from June 1999 to Dec 1999. I received a kidney from my mum in December 1999.

I am looking forward to being involved in the Shoestring Editorial Team.

Rosebud Dialysis Unit wins award

For more than a decade, Rosebud Dialysis Unit has been caring for holiday patients, so people living with kidney disease can have a trip away and still dialyse.

The Unit was awarded an Honorary Life Membership by the Dialysis and Transplant Association of Victoria (DATA) on 13 November, to recognise the service they provide to holiday patients.

“We are very honoured to be recognised by DATA. We work very well together to organise dialysis for different holiday patients who deserve a break.”

Every year, Rosebud Dialysis Unit has around 70 holiday patients and 32 regular patients. The nine-chair Unit has one chair especially for holiday patients every shift. It is booked solidly and has a waiting list for the upcoming summer.

DATA president Sue Hatzimichalis says they decided to give the award to Rosebud Dialysis Unit to recognise the absolutely fantastic service they provide, to help DATA members.

“It’s not easy to just go on holidays for people who need dialysis – some hospitals don’t have a holiday chair,” explains Sue.

“Needing dialysis cripples family socialising – restricting outings on three days every week.

When members come and stay at the DATA house in Rosebud, they can book in to dialyse and it gives the person and their carer a break.”

Holiday patient Cheryl Webb, who lives in Epping, has come to Rosebud for a getaway, staying at the DATA house and is having dialysis at Rosebud Hospital.

“I love travelling and it’s just great that this gives us somewhere to go,” says Cheryl. “All the nurses at Rosebud do a great job.”

Peninsula Health has a Dialysis Unit at both Frankston and Rosebud Hospital.

Jessica Mills JMills@phcn.vic.gov.au

Sourced from Peninsula Health Website

Visit our website at www.datavic.org
Hi all,

The DATA Editorial Committee have prepared this report on behalf of Sue given the recent passing of her much loved husband Nick. See note below.

We had a most enjoyable day on Sunday 25 Feb at Forest Hill Office building. Angela has mentioned this on page 11. The Social Committee is working hard this year to try and offer one outing a month. Maybe if you cannot make this one, you will be ok for the next one. We believe it is beneficial to encourage interaction between our members. We are all in the same boat, you know and our outings provide an opportunity to get a break the normal routine.

We had much positive feedback on our Filter Your Future Program and are currently negotiating a contract with Filter Your Future to roll out the program to more schools in 2018.

We have also received this from Dorothy Murdoch “Have just read January ShoeString, what a great read! It certainly is packed with a lot of great, interesting articles.

I particularly liked the program DATA is supporting in schools – good work. Keep up with all you do – it's worth it.”

In the November 2017 Shoestring we mentioned “A Life Membership Certificate will be given to Rosebud Hospital Dialysis Unit but this will be presented at their Unit in November.” The presentation story as reported in Peninsular Health is reprinted in this edition of Shoe-String.

The Committee is updating the web site and negotiating with the web designer how items will be set out and on what page. An offshoot of this is that our LOGO could do with some tweaking to make it more suitable for web pages. So the Committee are considering a couple of options that will meet this need yet retain the overall look of the traditional logo.

Don’t forget to check out the Social Activities for next month The Sand Sculptures at Frankston on 25th March. Then the Port Phillip Ferries trip to Port Arlington and return on Sunday 29th April.

By the way, if you have children, school age Year 6 to year 11, please consider the Ron Jones Educational Award. It is well worth the effort. Applications close 30 June 2018. See page 5.

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Vale Nick Hatzimichalis

It is with great sadness I share the bad news that Nick Hatzimichalis lost his fight against all odds on 21/02/2018. He was fifty seven.

He was very sick very often, so much so that we all thought he would bounce back but not this time.

Nick was a member of DATA since the early 1990s. He was a valued member of Committee.

We will remember Nick cooking the BBQ sausages for DATA BBQs at Blackburn or Halliday Park quietly and efficiently with a big grin on his face.

We remember Nick and Sue at their thirtieth wedding anniversary. They did the bridal waltz in a wheelchair.

Nick drove the wheelchair with Sue on his knee.

Nick was always keen to have a go at anything. Woodwork, art, he had many hidden talents.

Always ready to offer a word of support he was a caring guy. He enjoyed a laugh too though.

During his illness of many years, Sue has been there for him, cared for him and loved him. They were married for 33 years.

To Sue, Adam and Cassia we send our love and our support.

Joan Eastwood
DATA Holiday Houses

The Rosebud & Yarrawonga holiday homes are for the use of DATA Members and their immediate family, with a Member present on all holidays booked.

Both houses can facilitate haemodialysis machines. For those members on home dialysis, please contact the House Secretary to discuss if your hospital technician can supply and install a dialysis machine in the house for your holiday.

We are sure you will appreciate that Members on haemodialysis find it very difficult to holiday, so we often prioritise them over PD and Transplant Members. But there are always vacancies so please don’t hesitate to ring and check.

Friends and extended family are welcome to join the DATA Member and they must pay $20 per person per night.

Please note, you are responsible for the cleaning of the houses when you leave which does include bathroom and toilet, so we expect the houses to be left neat and tidy for the next holiday makers and please do not leave any food.

No pets allowed with Guide dogs being the exception.

Rosebud

VACANCIES
- 18th March till 25th March
- 15th April onwards
- May onwards

It’s a terrific place to holiday so take full advantage of the vacancies and book in a week or even just a weekend to get away.

Bookings at the Rosebud Hospital Renal Unit must be done online email to: holidayatrosebud@phcn.vic.gov.au
For HOUSE bookings please ring Rosebud House Secretary Amanda Pratt Ph: 9589 4894

DO NOT FORGET
If you need to dialyse at either the Rosebud or Yarrawonga Renal Units, please do the following:
- Contact the hospital to check the availability of booking a chair.
- Check the vacancy dates of the Holiday House.
- Then ring to book the Holiday House.
- Finally, contact the hospital again to confirm your dates and book in.

Shoe String 4
Ron Jones Educational Awards

These awards offer a fantastic opportunity for students between years 6 to 11, to shine.

Applications for the Ron Jones Educational Awards, are now open, so fill out your Application form below for a chance to win fabulous prize money. Assessment is based on the Applicant’s school reports together with essay on the topic of ‘My chosen Career’.

There are two levels of Awards to be won. One Award is based on excellence and scholastic ability and three Awards for encouragement. The Ron Jones Educational Awards honour the memory of a founder and long time dedicated worker for DATA, Mr Ronald N Jones, AOM.

- Applications must include a handwritten essay of 300 words entitled ‘MY CHOSEN CAREER’.
- Please include the Applicant’s previous year’s school reports.
- Applications must be received no later than the 30 June 2018. Winners will receive awards at the AGM in October 2018.

Please fill in this form using Block Letters and forward it to:
The Secretary, DATA Vic Inc, PO Box 159, FOREST HILL Vic 3131

SURNAME ...................................................... GIVNAMES .................................................................
ADDRESS ...........................................................................................................................
POST CODE ..................................................... DATE OF BIRTH ..........................................................
HOME PHONE ................................................. MOBILE .................................................................

PARENTS / MEMBERS PARTICULARS
(IF APPLICANT MEMBER IS UNDER 18 OR A CHILD OF A MEMBER)

SURNAME ...................................................... GIVNAMES .................................................................
ADDRESS ...........................................................................................................................
POST CODE ..................................................... PHONE ................................................................. MOBILE .................................................................

SIGNATURE OF STUDENT .............................................................................................................
SIGNATURE OF PARENT ..................................................................................................................

Financial Member of D.A.T.A. YES ☐ NO ☐

MY ESSAY ON “MY CHOSEN CAREER” AND SCHOOL REPORTS FOR THE LAST YEAR ARE ENCLOSED.
YES ☐ NO ☐

SCHOOL PARTICULARS:
PRESENT YEAR OF STUDIES ..........................................................................................................
SUBJECTS STUDIED ............................................................................................................................
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Shoe String 5
A Peritoneal Dialysis Story

From Charlie Catania as told to Ros Ball with many thanks.

Charlie and his wife Mary live in a Unit in Wantirna. They have 4 grown up children with their own children which mean they have 9 grandchildren. Mary is Charlie’s carer.

I believe Charlie is a typical PD person on nocturnal (overnight) dialysis and he finds the machine easy to operate. The machine is portable and only weighs between 4-5 kg.

Although Charlie finds PD good and convenient his doctors now want him to change to haemodialysis (HD). Charlie will reach the 8 year mark on PD in March and he may find himself on haemodialysis soon. Charlie may first need to go onto HD once a week to enable him to adapt to the change in dialysis. A left arm fistula failed 4 years ago and a right arm fistula is working well and ready for HD.

For Charlie PD involves dialysing for 9 hours overnight starting at 10pm and finishing at 7.15am the following day, every night.

Charlie’s PD machine is set up next to his bed on a chest of draws. He begins by priming the machine at about 4pm and then leaves the machine until ready to complete the setting up. He hooks up 4 bags, consisting of 2 bags of 6000mls, 1 bag, 3000 ml and his final bag of 2000 which drains in 1500 ml to run overnight. Then the last 1500 ml stays in his peritoneum cavity until he hooks up again that night. At about 10pm Charlie hooks himself from his tenckhoff catheter onto the now primed lines. These lines flow through the PD machine. A slow drain-out and drain-in of the dialysis fluid occurs while Charlie sleeps. The PD machine controls the flow of dialysis fluid. Charlie has an extension tube which is long enough to enable the drain out fluid to be discharged into the shower, saving him from having to deal with this fluid in the morning.

His tenckhoff catheter is placed on his right side and Charlie sleeps on his left side.

Charlie has a manual to help him trouble shoot any alarms if necessary or he has a 1800 phone number that puts him through to Baxter in Florida.

The main problem Charlie has is the unreliable electricity supply. During January the power failed 4 times. If the power goes off overnight Charlie has to come off the machine, or cannot start to dialyse. One night Charlie could not dialyse due to a power outage, so he and his wife played cards (under candle light) until the power returned at 2.30am. Once back on dialysis Charlie had to still dialyse for the usual 9 hours. Charlie contacted his local politician who noted the issue, and this managed to make the news on channel 7 and channel 2 on the 11th of February. Charlie and Mary only received acknowledgements from their power supplier and from their Local Minister Josh Frydenberg’s office.

Baxter delivers the stock and is helpful by putting it into the back room.

Several years ago Charlie and Mary had a trip to Sydney to visit his sister-in-law. Unfortunately, all did not go well. While there he developed an infection and returned home for treatment.

Charlie and Mary spend time with their children and grandchildren. Mary sometimes cooks up a storm and has their family around for lunch. With not all of the family being able to attend and some careful planning they all fit into the Unit. (They always have a busy Christmas which last year his daughter organised.)

Mary continues socialising with friends, while Charlie will spend time on his computer following the soccer or doing internet searches of newspapers and items of interest.

We wish Charlie and Mary all the best — Ros.

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www.shoestringfoundation.com - helping children on dialysis - donations gratefully accepted

Whaddy mean 'dialysis'? I thought you guys always performed a rectal probe!
The information in this article was provided by Greg Collette and was written on his blog “The Big D and Me”. So a big thank you to Greg for allowing this article to be reprinted in Shoestring. Greg’s blog is highly recommended. It is about his life with renal failure and being on haemodialysis. People are free to add comments to Greg’s blog.

This time Greg writes about calcium/phosphate and parathyroid problems all haemodialysis patients can suffer from, and Sensipar®, a drug that helps control these issues. He writes:

“...Take this week. After six months of gradually deteriorating Calcium, Phosphate and Parathyroid levels, I restarted Sensipar®. I've been to this movie several times before, but such are the delights of the human body, that reactions can vary each time.

What's different from previous times is that over the years my Parathyroid gland (which was mostly re-removed seven years ago) has grown back and completely screwed my Calcium/Phosphate balance, to the point where I've lost a lot of calcium from my bones.

Sensipar shuts down my parathyroid and my body starts to move calcium from my body back to my bones. To make sure I don't suffer from calcium withdrawal, I have to take LOTS of calcium tablets. ...”

Feedback Greg received in response to the article included the following:

Dr Johan Rosman Nephrologist: “One question that many will wonder is how do you manage to get Sensipar. After it was withdrawn from the Australian market (PBS) there are only 2 options left: pay it yourself for around $800 per month, or your nephrologist needs to make a compassionate need declaration to the Pharma company that rarely ever succeeds. Good luck with your great blog.”

Greg replied: “I’ve put my hand in my pocket. Each script costs $230 at my local dialysis unit chemist, and fortunately, my health fund refunds $120, with a limit of $500 per annum.”

Then there was an American study that showed that Sensipar lowers the PTH, decreased the need for surgery, but looking over their large number there was not a patient who lived a day longer because of the drug. Survival was the primary outcome of the study. I have a big problem with the interpretation of the results. Completely apart from the duration of life, there is something more important and that is how you spend your life, in what quality of life, and high PTH leads to brittle bones, fractures, itch etc etc.

Sensipar kept this under control without surgery, independent of how long you lived, it was in good quality. Because of the lack of longer survival, the PBS struck the Sensipar off the list. As a nephrology society we have done everything possible to keep it, but we all know how politicians and pen pushers at state health organisations, and federally the PBS work...

Regretfully we have reverted to doing a large number of parathyroidectomies with all its consequences.

This is the story of an excellent drug that was halted because of a misinterpreted study, that only looked at the length of life.

It's not the strongest of the species that survive, and the most intelligent that survive. It's the one that is the most adaptable to change. Charles Darwin.

Editor’s comment .... I think he must have been thinking of those on dialysis!!!!!
Cultural Diversity

In Australia 17 to 25 March is Cultural Diversity Week and it is appropriate that I share my story. I am a Greek with a Maltese surname; my wife and I were born in Egypt and when I was 23 we went to England. Six years later we came to Australia as 10 pound poms and 55 years later here we are.

I acknowledge the Traditional Owners of the land on which we have spent 55 years of our lives. We pay our respects to their Elders, past and present, and the Elders from other communities who may be reading this article.

People from Egypt are great story tellers and I would like to share with you a true story about me, my wife and two children whilst on our way to Australia.

I speak English, French, Greek, Italian and Arabic and I have a passion for many things including photography.

When we were on the ship in 1962 that was bringing us to Australia, we stopped in the Port of Aden and promptly all the shops opened for business because a shipload of customers had arrived. We disembarked and went straight to the nearest shop and inquired about a Canon Zoom 8mm movie camera.

120 pounds was the price. Since I was homeless, unemployed with a wife and 2 kids, 120 pounds was out of the question. The next shop I managed to haggle and the price dropped to 100 pounds. Hmm, that was still too much for me. The next shop I haggled even more and the young male assistant consulted with the shop owner who was a fat man enjoying his shisha (hooka) and seated on the floor on a very large cushion. He said to the owner in Arabic “this man is not going to buy at our normal price, what is the lowest I can sell it for?” The fat man said “if you sell it for less than 35 pounds we will lose money.”

In perfect Arabic I replied “Thank you very much I will buy it for 35 pounds and may Allah always be kind to you.” He said he would give it to me for that price providing I did not tell anyone. To which I replied I will agree providing you sell me a projector for another 35 pounds! So that is how I got both pieces of equipment and have been filming all these years thanks to a fat man and his employee.

In a light hearted way this story shows that knowing another culture has advantages. If we are able to use our knowledge of cultures in any activity with other citizens it can be very rewarding and much to Australia’s benefit.

Most people in Australia today accept that immigration and Australia’s development as a multicultural society has been very positive. Our society has openly embraced and benefited from its amazing cultural diversity. We are all the beneficiaries.

George Said

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**CAN YOU HELP??** : help with folding and packing Shoe String for mailing.

It only takes about 7 people 2-3 hours to get the job done. Often held on Saturday or Sunday. You meet some great people, usually people who know all about renal disease.

If we get a good response you will only have to attend once or twice a year!

**So come on!** fill in the details below and post to PO Box 159 Forest Hill 3131 or send us an email we will reply, or phone 9894 0377. Leave your name we will contact you.

imens

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INTERESTED in helping pack SHOE STRING:

NAME .......................................................... Best phone contact ......................... Email ..........................................................

Saturday .................. Sunday .................. Weekday ..........................
Fantastic Trip To Thailand

By Malcolm MacDonald

I had known for several years that my youngest son would be getting married in Thailand. Up until last year I had only very limited breaks away from dialysing at home. For respite, I would try to get out to one and 2-day events, the footy, bands and festivals. I think the longest holiday I had was 7 days. One reason for this is that despite being the beneficiary of a public system here in Australia, with the increasing number of aging patients, resources are stretched to the limit. So, when trying to get holiday dialysis it is almost impossible. The other reason was that I had lost my confidence.

Even though I do nocturnal Haemodialysis around 4 or 5 nights a week at home while I sleep, still I found myself a prisoner of the machine, an inmate, with a ball and chain that had a maximum length of 3 days! The situation had grown steadily worse for the last 16 years. I really had no intention of going to Thailand and was going to send my oldest son as my proxy.

But the year before last, my fiancée’ Donna insisted she was going to Tasmania in 2017, whether I was coming or not! So, with a lot of mucking around to wangle dialysis I went too, and loved it. Before even heading home I announced to Donna that I might just go to my son’s wedding, if she would come with me! Here is our story, in 2 parts.

The plane really took it out of me and it was only about halfway through the next day that I came good, after which I did not look back. Temples, dinners out with our hosts.

Dialysis went like a dream! The clinic had all beds, and grateful, I slept 3 out of the 4 hours.

Then, we scrambled for the train to Kanchanaburi to find we had missed it by going to the wrong station! We had a taxi race through amazing parts of old Bangkok to get to bus station.

We caught a train to Nam Tok to go to Hell Fire Pass. Overawing! The train, though aged, was quite fast and comfortable, and it felt like we now were seeing the real Thailand. Earlier in the day we visited the WW2 Soldiers cemetery to honour the uncle of a good friend. Very moving.

There was a great night market for tea. We enjoyed every bit of it and were both amazed at how well I was going.

We had an early morning start to get the train from Kanchanaburi to Hua Hin in time for dialysis.

This wasn’t some swanky hotel style unit like in Bangkok; here we were at the coalface where the Thai government is providing funds to improve the health of even the poorest people.

Geordie and Gifts’ wedding began with an engagement. Geordie looked like a prince in gold tunic, burgundy bloomers, white socks and shoes. Gift was adorned in a gold dress covered in a large brooch and other jewelry. Late in the afternoon, they had a Western style wedding on the beach.

The next day, we had a very early start, with a car taking an hour to get me back to Hua Hin for dialysis. I met Donna at the station, where we caught a train to Sarut Thani. It was late and we missed our ferry to Koh Samui. We felt we were in no man’s land as we were directed to an old tub in the darkness with men offloading 44 gallon drums. Finally we made it.

With Koh Samui saw me becoming engaged to Donna, my whole relationship with my fiancée seemed different. Much more relaxed, richer, enjoyable. I could not believe that I could find this at my stage of life. It made me want to live forever.

We had another early start as we flew out of Koh Samui and arrived in Yangon (Myanmar) and called Pun Hlaing Siloam hospital. “Yes, come straight in, we will dialyse you now.” A private hospital, but seemed to be taking public dialysis patients. Also, cute new Nipro dialysis machines to boot.

To be continued in the next issue of Shoestring.
**Portarlington.**

Come and join DATA members on the Port Phillip Ferries on Sunday 29th April.
Ferry leaves Docklands at 11.00am & arrives at Portarlington 12.30pm, leaves Portarlington at 4.15pm & arrives at Docklands at 5.45pm.

Docklands - address: Port Phillip Ferries berth at along Harbour Esplanade, Victoria Harbour Promenade, across from Etihad Stadium

Getting there: Parking at Etihad Stadium, 740 Bourke St. Melbourne, is $15 for the day

Tram - 35, 70 or 75, stop D3 Etihad Stadium/Bourke St. Docklands

Portarlington - stroll along the beautiful bayside or book a wine tour

More information can be found at; portphillipferries.com.au

Arrive at the ferry berth, 10 minutes prior to departure.

DATA will subsidise each DATA member & their carer/partner $15.

*(Full fares are: Adults $29, Concessions & Seniors $26, Children $15).*

RSVP by phoning DATA office on 9894 0377 by Sunday 8th April. All welcome.

**Fairfield Park Boathouse & Tea Gardens.**

Come and join the DATA members for an afternoon tea at The Fairfield Park Boathouse & Tea Gardens on Tuesday 15th May &/or Wednesday 23rd May at 2.30pm. Fairfield Boathouse is only 7 kilometres from the CBD and is surrounded by Yarra Bend Park. The food is simple, fresh and seasonal. It was established in 1908 by John St. Clair as a picnic, camping and refreshment room area. In 1923 it was raised by 12 feet to help minimise flood damage. In 2010 a riverside deck and terrace was added.

Address: Fairfield Park Drive (turn off Heidelberg Rd, it is well signposted) Fairfield VIC 3078

Parking: Limited free 4 hour and disabled parking is available at the top of Fairfield Park Drive, off Heidelberg Rd. There is also parking on Heidelberg Rd. with no restrictions after 9.30am

RSVP by phoning the DATA office on 9894 0377 by Friday 11th May

**Sand Sculptures.**

DATA Members You are invited to an excursion to see Aladdin’s lamp represented by sand Sculptures at Frankston beachfront on 25th March 2018

Aladdin, Sinbad the Sailor, and Ali Baba and the Forty Thieves, will be waiting to WOW you !.

DATA will pay for the DATA Members’ and spouses’ tickets.

We will meet at the Main Gate at 11am to hand out tickets. Look for DATA Banner near the Main gate. Do NOT go thru the gate before we give you your ticket. We will not reimburse ticket cost.

You can choose where and when you want to eat. All food at your own cost.

You will have time to eat before going to the Sand Sculptures for a look at this marvellous show.

Address : McComb Reserve, Frankston Waterfront, 510N Nepean Highway, Frankston.

Heading South along Nepean Highway cross over Davey Street, Sand Sculptures are on right, next to the Cheeky Squire. Suggest you turn right at next crossover. Parking is $3.00per hour, we estimate 2-3 hours. Coins only,- so start saving your 20c pieces NOW.

RSVP by phoning the DATA office on 98940377 leave a message, your name & phone number before Sunday 18th March 2018.
IT WAS FANTASTIC

Listening to the presentation on Sunday 25th February by Steven Wells, who spoke about his work in creating gardens for Respite, Recovery and Restoration, was very interesting and positive. Gardens and forests are a way of relaxing, picking up your spirit and connecting with nature. Twenty people attended the function, listening intently to Steven. He combines his nursing with horticulture with ease. After Steven's presentation we all enjoyed the afternoon tea. It was a wonderful day. Make sure you can attend DATA's next function, all are welcome.

DonateLife Service of Remembrance
2:00pm Sunday 26th May
(last Sunday of the month)
Collingwood Town Hall
Afternoon tea is served after the service. Easy to get to by train or good parking nearby.

Today's riddle for seniors…
Here is a situation
· You are on a horse, galloping at a constant speed.
· On your right side is a sharp drop-off.
· On your left side is an elephant travelling at the same speed as you.
· Directly in front of you is a galloping kangaroo and your horse is unable to overtake it.
· Behind you is a lion running at the same speed as you and the kangaroo.
· What must you do to get out of this highly dangerous situation?

ANSWER: “Get off the merry-go-round and go home; you've had enough excitement for one day.”
Dates to remember

25 March – Lunch at Frankston with a visit to the sand sculptures on the foreshore.
29 April – Day outing. Docklands to Port Arlington and back on the Ferry.
15 & 23 May – Coffee & Cake at Fairfield Boathouse.
26 May - DonateLife Service of Remembrance.
24 June – Maribyrnong River Cruise.
28 July – Christmas in July.
26 August – Indoor bowls or ten pin bowling.
September - Royal Botanical Gardens Cranbourne.
October – Day Rail & Sail: Steam train to Geelong and return by the Victoria Star Ferry (or vice versa).
November – Christmas Party.

Some web pages of interest

www.homedialysis.org/news-and-research/blog
www.nwkidney.org
www.peninsulahealth.org.au/
www.worldkidneyday.org
www.cari.org.au
www.australian dialysisbuddies.org
www.greendialysis.org
www.transplant australia.org.au
www.bigdandme.wordpress.com

Our thanks to all who contributed to this edition

Why not spread the word and pass this copy on?

Shoe String is always looking for stories to publish. If you have a story to tell and you’re not sure where to begin, our Editors would be more than happy to assist you in writing your article. Or if you have any ideas of issues you would like to see covered, contact us.

Write to: The Editor, Shoe String
PO Box 159, Forest Hill 3131
Email: editor.shoestring@gmail.com

Visit us at www.datavic.org

DEADLINE FOR NEXT ISSUE 30 April 2018

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